

Breakfast Menu

COMBOS INCLUDE CHOICE OF SIDE AND A DRINK.
SERVED MONDAY-FRIDAY 8-10:30 AM

SPICY BACON EGG & CHEESE**

Our fresh-made pimento cheese, scrambled eggs, and hardwood smoked bacon wrapped in a grilled flower tortilla.

ROLL-UP — 4.99 (840 Cal)

COMBO — 6.99 (890/1,030 Cal)

VEGGIE FRIENDLY (NO BACON)

ROLL-UP — 3.99 (780 Cal)

COMBO — 5.99 (830/1,000 Cal)

BACON EGG & CHEESE ROLL-UP**

Scrambled eggs, cheddar and hardwood smoked bacon.

ROLL-UP — 3.69 (440 Cal)

COMBO — 5.99 (490/610 Cal)

VEGGIE FRIENDLY (NO BACON)

ROLL-UP — 2.99 (380 Cal)

COMBO — 5.49 (430/550 Cal)

SIGNATURE MEDITERRANEAN GYRO**

Fresh Scrambled eggs, roasted red peppers, red onions, feta, basil, roasted potatoes and salsa, wrapped in a soft pita.

GYRO — 4.99 (600 Cal)

COMBO — 6.49 (650/770 Cal)

CHICKEN PESTO SLIDER*

Egg battered chicken breast served on a warm Sister Shubert roll with pesto aioli and a bit of lemon zest.

SANDWICH — 2.99 (340 Cal)

COMBO — 4.99 (390/510 Cal)

MINI PORK SLIDER**

With tomato chutney aioli, tomato, and lettuce, topped with an over medium egg, on a Sister Shubert roll.

SANDWICH — 3.49 (450 Cal)

COMBO — 5.49 (500/620 Cal)

GREEK PARFAIT

Fresh cut fruit topped with Greek yogurt and honey sweetened baklava.

PARFAIT — 2.99 (200 Cal)

COMBO — 5.49 (250/370 Cal)

Sides & Beverages

GREEK BREAKFAST POTATOES

Grilled onions, red peppers and roasted new potatoes. — 1.99 (170 Cal)

FRESH CUT FRUIT — 1.99 (50 Cal)

ORANGE JUICE — 1.99 (200 Cal)

APPLE JUICE — 1.99 (200 Cal)

SOFT DRINKS — 2.00 (0-290 Cal)

BOTTLED WATER — 1.25 (0 Cal)

Daily Specials

SERVED WITH CHIPS (160 CAL) AND CHOICE OF A HEALTHY SIDE: FRESH-CUT FRUIT (50 CAL), TOMATO-CUCUMBER SALAD (70 CAL), PASTA SALAD (220 CAL), ROASTED NEW POTATOES (220 CAL), OR BASMATI RICE (240 CAL)

Monday

PORTOBELLO MUSHROOM SANDWICH

Grilled chicken, red peppers, swiss cheese, and mushroom butter on a kaiser bun — 8.49 (740 Cal)

Tuesday

CHICKEN SALAD SANDWICH

Our homemade chicken salad, served with mixed lettuce and tomato on toasted wheat bread — 8.49 (590 Cal)

Wednesday

SPANAKOPITA ROLL-UP

Grilled chicken, fresh spinach, and feta in a griddled flour tortilla, served with fresh salsa — 8.49 (520 Cal)

Thursday

TAZIKI'S TACO

Grilled tilapia with crunchy slaw, spicy herb sauce, and diced tomatoes in a flour tortilla, topped with a lime — 8.49 (620 Cal)

Friday - Sunday

TAZIKI'S SIGNATURE PASTA

A bed of mixed lettuces with penne pasta and grilled chicken, tossed in our homemade balsamic vinaigrette, topped with tomatoes, feta, and fresh basil — 8.49 (1,280 Cal)

Located on WVU campus at the Mountainlair Student Union and at Evansdale Crossing, Taziki's donates a portion of our profits to the College of Business & Economics to support the growth of the Hospitality & Tourism program.

Ask us about employment and internship opportunities.

RESTAURANT HOURS

	BREAKFAST	LUNCH	DINNER
M-F (Mountainlair)	8:00-10:30	11-4	4-9
M-F (E. Crossing)	8:00-10:45	11-4	4-9
SAT	CLOSED	11-4	4-9
SUN	CLOSED	2-4	4-9

Mountainlair: Meal Plan not accepted for lunch
Evansdale Crossing: Meal Plan all day, everyday

LOOKING FOR GLUTEN FREE OPTIONS?

Taziki's entire menu is gluten free with the exception of pasta, desserts, and bread options. Please ask how we can accommodate your allergy or dietary needs.

A 2,000 calorie daily diet is used as the basis for general nutrition advice but calorie needs may vary. Additional nutrition information available upon request and at Tazikiscafe.com

Call for Catering

304.204.0069

PLEASE INQUIRE ABOUT DELIVERY OPTIONS

FOR DIRECT CALLS & PICK-UP ORDERS

WVU-MOUNTAINLAIR: 304.293.6738

WVU-EVANSDALE CROSSING: 304.212.7704

WVU-HEALTH SCIENCES CENTER: 304.212.3584

SUNCREST TOWNE CENTRE: 304.777.4455

TO FIND OTHER TAZIKI'S LOCATIONS
VISIT TAZIKISCAFE.COM



(where available)



TAZIKI'S

MEDITERRANEAN CAFE



Lunch & Dinner

Appetizers

SERVED WITH **SOFT OR BAKED PITA CHIPS** (480 CAL)
(EXCEPT HUMMUS SERVED GLUTEN-FREE AND DOLMADES)

HUMMUS

Puree of chick peas, tahini, touch of cumin, and lemon juice, — **4.79** (270 Cal)

TAZIKI DIP

Cucumber, dill, and a hint of lemon define this refreshing classic — **4.59** (130 Cal)

SPICY PIMENTO CHEESE

Grated sharp cheddar, mayo, diced red peppers, and a hint of Tabasco — **4.79** (600 Cal)

Salads

CHOOSE YOUR SALAD DRESSING:
GREEK SALAD DRESSING (230 Cal)
or **BALSAMIC VINAIGRETTE** (270 Cal)

GREEK SALAD

A fresh mix of lettuces, tomatoes, cucumbers, roasted red peppers, red onions, feta, pepperoncini and kalamata olives — **6.79** (110 Cal)

MEDITERRANEAN SALAD*

Mixed lettuces with garbanzo beans, roasted red peppers, red onions, diced tomatoes, roasted pecans and feta — **6.79** (320 Cal)

ADD GRILLED MEATS


- CHICKEN — **3.59** (250 Cal)
- TURKEY BREAST — **4.29** (250 Cal)
- BEEF TENDER** — **4.00** (270 Cal)
- LAMB** — **5.99** (270 Cal)

ADD SEAFOOD

- TILAPIA — **5.99** (240 Cal)

GRILLED VEGGIE PLATE

Grilled zucchini, squash, red peppers, red onions, asparagus, and tomatoes, served on a bed of basmati rice with a garden salad — **8.99** (560 Cal)

 Look for this symbol for **VEGETARIAN OPTIONS**



Fresh-Grilled Gyros

SERVED WITH **CHIPS** (160 CAL) AND CHOICE OF A HEALTHY SIDE: **FRESH-CUT FRUIT** (50 CAL), **TOMATO-CUCUMBER SALAD** (70 CAL), **PASTA SALAD** (220 CAL), **ROASTED NEW POTATOES** (220 CAL), OR **BASMATI RICE** (240 CAL)

GRILLED CHICKEN GYRO

Taziki sauce, tomatoes, mixed lettuce, and grilled onions — **7.99** (440 Cal)

GRILLED CHICKEN BASIL-PESTO GYRO*

Homemade basil-pesto, tomatoes, and feta — **7.99** (610 Cal)

GRILLED BEEF TENDER GYRO**

Taziki sauce, tomatoes, mixed lettuce, and grilled onions — **8.49** (510 Cal)

GRILLED LAMB GYRO**

Taziki sauce, tomatoes, mixed lettuce, and grilled onions — **9.39** (490 Cal)

TURKEY CLUB GYRO**

Hickory bacon, swiss cheese, pesto aioli, tomatoes, and mixed lettuce — **8.49** (910 Cal)

GRILLED VEGGIE GYRO*

Pesto aioli, tomatoes, zucchini, squash, grilled red peppers, grilled onion, and feta — **6.79** (680 Cal)

Desserts

BAKLAVA*

From Hellas Bakery — **2.50** (350 Cal)

CHOCOLATE CHIP COOKIES

Two fresh baked cookies — **1.50** (400 Cal)

Beverages

SOFT DRINKS & ICED TEA — **2.00** (0-270 Cal)
free refills

BOTTLED WATER — **1.25** (0 Cal)



Mediterranean Deli

GRILLED CHICKEN

Served with feta cheese and grilled onions on a kaiser bun — **7.99** (500 Cal)

GRILLED TILAPIA WITH CAPER-DILL SAUCE

Grilled and served with tomato and lettuce on a kaiser bun — **8.49** (640 Cal)

TOMATO-BASIL*

Feta, tomatoes, basil, and basil-pesto, griddled on wheat bread — **6.49** (570 Cal)

ROASTED PORK LOIN SANDWICH

With tomato chutney aioli, tomato and lettuce on a kaiser bun — **8.50** (790 Cal)

BEEF TENDER**

Grilled onions, melted swiss, and horseradish on a kaiser bun — **8.79** (760 Cal)

SPICY PIMENTO CHEESE

With mixed lettuce on toasted buttermilk bread — **7.09** (920 Cal)

GRILLED CHICKEN ROLL-UP

With tomato and feta in a griddled flour tortilla, served with fresh salsa — **7.59** (520 Cal)

THE TURKEY AND EGG**

Mayo, swiss, and mixed lettuce on toasted buttermilk bread — **7.99** (910 Cal)
— add bacon — **99¢** (130 Cal)

Healthy Sides — 1.99

- FRESH-CUT FRUIT (50 Cal)
- TOMATO-CUCUMBER SALAD (70 Cal)
- PASTA SALAD (220 Cal)
- ROASTED NEW POTATOES (220 Cal)
- BASMATI RICE (240 Cal)

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SMALL GREEK SALAD (340 Cal) — **3.99**

Taziki's Feasts

SERVED WITH **GREEK SALAD** (340 CAL) AND YOUR CHOICE OF **ROASTED NEW POTATOES** (220 CAL) OR **BASMATI RICE** (240 CAL)

GRILLED MEATS

GRILLED CHICKEN BREAST

Served with our **Taziki Sauce** (30 Cal) — **9.79** (250 Cal)

GRILLED BEEF TENDER**

Served with a side of our homemade **Horseradish Sauce** (210 Cal) — **10.99** (270 Cal)

CHARGRILLED LAMB**

Served with our homemade **Skordalia Sauce** (90 Cal) — **12.99** (270 Cal)

SEAFOOD



GRILLED TILAPIA

Served with our original **Caper-Dill Sauce** (150 Cal) — **10.99** (240 Cal)

ACCEPTING THE WVU MEAL PLAN, DINING DOLLARS & MOUNTY BOUNTY

Meal Plan Menu

ALL ITEMS SERVED WITH DRINK (0-290 CAL).
SANDWICHES INCLUDE CHIPS (160 CAL)

- GRILLED CHICKEN GYRO
- ROASTED PORK LOIN SANDWICH
- PETITE GRILLED CHICKEN SALAD
- GRILLED CHICKEN SANDWICH
-  TOMATO-BASIL SANDWICH*
- SPICY PIMENTO CHEESE SANDWICH
-  GRILLED VEGGIE GYRO
- GRILLED CHICKEN ROLL-UP
- THE TURKEY AND EGG**
- TAZIKI'S SIGNATURE PASTA
(Served Fri-Sun)



** NOTICE: CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

* ALLERGEN WARNING: OUR MEDITERRANEAN SALAD, PESTO, & BAKLAVA CONTAIN NUTS.

A 2,000 calorie daily diet is used as the basis for general nutrition advice but calorie needs may vary. Additional nutrition information available upon request and at Tazikiscafe.com

