

## Daily Specials

SERVED WITH **CHIPS** (160 CAL) AND CHOICE OF A HEALTHY SIDE:  
**FRESH-CUT FRUIT** (50 CAL), **TOMATO-CUCUMBER SALAD** (70 CAL),  
**PASTA SALAD** (220 CAL), **ROASTED NEW POTATOES** (220 CAL),  
OR **BASMATI RICE** (240 CAL)  
(EXCEPT FRIDAY — SUNDAY SIGNATURE PASTA SPECIAL)

### Monday

#### THE TURKEY AND EGG\*\*

Mayo, swiss, and mixed lettuce on toasted buttermilk bread  
— **8.49** (910 Cal), add bacon — **50¢** (130 Cal)

### Tuesday

#### ROASTED PORK LOIN SANDWICH

With tomato chutney aioli, tomato  
and lettuce on a kaiser bun — **8.49** (790 Cal)

### Wednesday

#### SPANAKOPITA ROLL-UP

Grilled chicken, fresh spinach, and feta in a griddled  
flour tortilla, served with fresh salsa — **8.49** (520 Cal)

### Thursday

#### TAZIKI'S TACO

Grilled tilapia with crunchy slaw, spicy herb sauce, and diced  
tomatoes in a flour tortilla, topped with a lime — **8.49** (620 Cal)

### Friday - Sunday

#### TAZIKI'S SIGNATURE PASTA

A bed of mixed lettuces with penne pasta and grilled chicken,  
tossed in our homemade balsamic vinaigrette, topped with  
tomatoes, feta, and fresh basil — **8.49** (1,280 Cal)

WHERE GREAT FOOD BRINGS  
**US Together**

We care about the health of our family and yours;  
that's why we take pride in using simple, wholesome  
ingredients and making everything from scratch. Inspired  
by a Mediterranean Diet, we focus on fresh produce and  
using herbs & spices to flavor food. Our goal is to help  
you make choices that fit your healthy lifestyle.

 Look for this symbol for  
**VEGETARIAN OPTIONS**

#### LOOKING FOR GLUTEN FREE OPTIONS?

Ask how we can accommodate your allergy or dietary needs.

A 2,000 calorie daily diet is used as the basis for general  
nutrition advice but calorie needs may vary. Additional nutrition  
information available upon request and at [Tazikiscafe.com](http://Tazikiscafe.com)

## Appetizers

SERVED WITH **SOFT OR BAKED PITA CHIPS** (480 CAL)  
(EXCEPT HUMMUS SERVED GLUTEN-FREE)

#### HUMMUS TRIAS\*

Our signature hummus served three ways:  
Original Recipe • Basil Pesto • Rustic Tomato  
— **6.99** (500 Cal)

#### HUMMUS

Pureé of chick peas, tahini, touch of cumin,  
and lemon juice, — **4.99** (270 Cal)

#### HUMMUS SERVED GLUTEN-FREE

Served with carrots, celery, squash,  
and sliced tomatoes — **5.79** (360 Cal)

#### TAZIKI DIP

Cucumber, dill, and a hint of lemon  
define this refreshing classic — **4.99** (130 Cal)

#### SPICY PIMENTO CHEESE

Grated sharp cheddar, mayo, diced red  
peppers, and a hint of Tabasco — **4.99** (600 Cal)

## Fresh Take-Home Dinner for 4

PICK UP AFTER 2PM • PLEASE CALL IN ADVANCE

INCLUDES **CLASSIC GREEK SALAD** (70 CAL), **GREEK DRESSING** (300 CAL)  
**BASMATI RICE** (220 CAL) OR **ROASTED NEW POTATOES** (170 CAL)  
AND **BAKED PITA CHIPS** (80 CAL).  
(CALORIES LISTED BY PER PERSON SERVING.)

#### GRILLED CHICKEN BREAST

Seasoned and grilled, and served with  
our **Signature Taziki Sauce** (40 Cal). — **25.99** (250 Cal)

#### WHOLE BAKED CHICKEN

Slow roasted whole chicken stuffed with  
fresh rosemary and lemon.  
Made to order. Please call in advance.. — **25.99** (920 Cal)

#### HERB-ROASTED PORK LOIN

Rubbed in our signature blend of herbs and  
seasonings, grilled and served with our famous  
**Tomato Chutney Aioli** (320 Cal). — **26.99** (320 Cal)

#### GRILLED LAMB\*\*

Sliced and served with our rich,  
hearty **Skordalia Sauce** (90 Cal). — **28.99** (270 Cal)

#### FRESH GRILLED VEGETABLES

Add to any Dinner for 4 on request. — **5.00** (70 Cal)

## CALL FOR CATERING

TAMPA • 813.867.4747

PLEASE INQUIRE ABOUT DELIVERY OPTIONS

### FOR DIRECT CALLS & PICK-UP ORDERS:

#### NORTHDALE

813.867.4747 • [northdale@tazikiscafe.com](mailto:northdale@tazikiscafe.com)  
3825 Northdale Blvd. • Tampa, FL 33624

TO FIND OTHER TAZIKI'S LOCATIONS  
VISIT [TAZIKISCAFE.COM](http://TAZIKISCAFE.COM)



# TAZIKI'S

MEDITERRANEAN CAFE



## Soups & Salads

CHOOSE YOUR SALAD DRESSING:  
**GREEK SALAD DRESSING** (230 Cal)  
 or **BALSAMIC VINAIGRETTE** (270 Cal)

**HOMEMADE GREEK LEMON CHICKEN SOUP**  
 SOUP — **3.99** (420 Cal)  
 SOUP & SALAD — **7.99** (490 Cal)

### 🍷 GREEK SALAD

A fresh mix of lettuces, tomatoes, cucumbers, roasted red peppers, red onions, feta, pepperoncini and kalamata olives — **6.79** (110 Cal)

### 🍷 MEDITERRANEAN SALAD\*

Mixed lettuces with garbanzo beans, roasted red peppers, red onions, diced tomatoes, roasted pecans and feta — **6.79** (320 Cal)

### ..... WITH GRILLED MEATS .....

**CHICKEN** — **9.79** (250 Cal)

**TURKEY BREAST** — **9.79** (250 Cal)

**BEEF TENDER\*\*** — **10.29** (270 Cal)

**LAMB\*\*** — **10.99** (270 Cal)

**HOMEMADE CHICKEN SALAD** — **9.19** (300 Cal)

### ..... WITH SEAFOOD .....

**TILAPIA** — **10.49** (240 Cal)

**SHRIMP** — **11.99** (210 Cal)

**SALMON\*\*** — **12.49** (500 Cal)

### CHICKEN SALAD & COMPANY

Our fresh, homemade chicken salad paired with your choice of any 2: Pimento Cheese, Pasta Salad, Tomato and Cucumber Salad or Fresh-Cut Fruit — **9.19** (630–1,130 Cal)

### 🍷 GRILLED VEGGIE PLATE

Grilled zucchini, squash, red peppers, red onions, asparagus, and tomatoes, served on a bed of basmati rice with a garden salad — **8.99** (560 Cal)



## Fresh-Grilled Gyros

SERVED WITH **CHIPS** (160 CAL) AND CHOICE OF A HEALTHY SIDE: **FRESH-CUT FRUIT** (50 CAL), **TOMATO-CUCUMBER SALAD** (70 CAL), **PASTA SALAD** (220 CAL), **ROASTED NEW POTATOES** (220 CAL), OR **BASMATI RICE** (240 CAL)

### GRILLED CHICKEN GYRO

Taziki sauce, tomatoes, mixed lettuce, and grilled onions — **7.89** (440 Cal)

### GRILLED CHICKEN BASIL-PESTO GYRO\*

Homemade basil-pesto, tomatoes, and feta — **7.89** (610 Cal)

### 🍷 GREEK SALAD GYRO

Tomatoes, cucumbers, roasted red peppers, red onions, mixed lettuce, feta, and Greek dressing — **6.99** (520 Cal)  
 — with grilled chicken — **8.99** (720 Cal)

### GRILLED BEEF TENDER GYRO\*\*

Taziki sauce, tomatoes, mixed lettuce, and grilled onions — **8.99** (510 Cal)

### GRILLED LAMB GYRO\*\*

Taziki sauce, tomatoes, mixed lettuce, and grilled onions — **9.99** (490 Cal)

### LAMB & SKORDALIA GYRO

Skordalia, roasted red peppers, and grilled onions — **9.99** (500 Cal)

### 🍷 GRILLED VEGGIE GYRO\*

Pesto aioli, tomatoes, zucchini, squash, grilled red peppers, grilled onion, and feta — **7.89** (680 Cal)

## Children 12 & Under

ALL KIDS MEALS ARE SERVED  
 WITH **FRESH FRUIT** (50 CAL) OR **CHIPS** (160 CAL)

### SNEAKY TAZIKI

Create your own chicken roll-up — **4.29** (230–280 Cal)

### CHILD'S FEAST

Grilled chicken and basmati rice — **4.29** (350 Cal)

### MEDITERRANEAN TURKEY MELT

Grilled turkey and cheddar on griddled pita — **4.29** (450 Cal)

### 🍷 GRILLED CHEESE

American cheese on toasted buttermilk bread — **4.29** (440 Cal)

\* ALLERGEN WARNING: OUR MEDITERRANEAN SALAD, PESTO, & BAKLAVA CONTAIN NUTS.

A 2,000 calorie daily diet is used as the basis for general nutrition advice but calorie needs may vary.  
 Additional nutrition information available upon request and at [Tazikiscafe.com](http://Tazikiscafe.com)



## Mediterranean Deli

### GRILLED CHICKEN ROLL-UP

With tomato and feta in a griddled flour tortilla, served with fresh salsa — **7.99** (520 Cal)

### GRILLED CHICKEN

Served with feta cheese and grilled onions on a kaiser bun — **7.99** (500 Cal)

### TURKEY CLUB CIABATTA\*

Hickory bacon, swiss cheese, pesto aioli, tomatoes, and mixed lettuce on fresh ciabatta — **8.99** (950 Cal)

### GRILLED TILAPIA WITH CAPER-DILL SAUCE

Grilled and served with tomato and lettuce on a kaiser bun — **8.99** (640 Cal)

### BEEF TENDER\*\*

Grilled onions, melted swiss, and horseradish on a kaiser bun — **8.99** (760 Cal)

### 🍷 TOMATO-BASIL\*

Feta, tomatoes, basil, and basil-pesto, griddled on wheat bread — **6.79** (570 Cal)

### SPICY PIMENTO CHEESE

With mixed lettuce on toasted buttermilk bread — **6.99** (920 Cal)

### HOMEMADE CHICKEN SALAD

With mixed lettuce and tomato on toasted wheat bread — **7.99** (590 Cal)

## Healthy Sides

**FRESH-CUT FRUIT** (50 Cal)

**TOMATO-CUCUMBER SALAD** (70 Cal)

**PASTA SALAD** (220 Cal)

**ROASTED NEW POTATOES** (220 Cal)

**BASMATI RICE** (240 Cal)

\*\* NOTICE: CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

## Taziki's Feasts

SERVED WITH **GREEK SALAD** (340 CAL) AND YOUR CHOICE OF **ROASTED NEW POTATOES** (220 CAL) OR **BASMATI RICE** (240 CAL)

### ..... GRILLED MEATS .....

### GRILLED CHICKEN BREAST

Served with our **Taziki Sauce** (30 Cal) — **9.79** (250 Cal)

### GRILLED BEEF TENDER\*\*

Served with a side of our homemade **Horseradish Sauce** (210 Cal) — **11.49** (270 Cal)

### CHARGRILLED LAMB\*\*

Served with our homemade **Skordalia Sauce** (90 Cal) — **12.79** (270 Cal)

### HERB-ROASTED PORK LOIN

Served with our famous **Tomato Chutney Aioli** (240 Cal) with a side of grilled asparagus — **10.79** (320 Cal)

### ..... SEAFOOD .....

### GRILLED SALMON\*\*

Atlantic Salmon, seasoned and chargrilled to perfection — **13.99** (500 Cal)

### GRILLED SHRIMP

Seasoned and grilled with lemon juice, butter, and just a touch of blackened seasoning — **12.69** (210 Cal)

### GRILLED TILAPIA

Served with our original **Caper-Dill Sauce** (150 Cal) — **10.99** (240 Cal)

## Desserts

### DARK CHOCOLATE CAKE

With Richmond icing. Made from scratch — **2.79** (480 Cal)

### BAKLAVA\*

From Hellas Bakery — **2.79** (350 Cal)

### CHOCOLATE CHIP COOKIES

Two fresh baked cookies — **1.99** (400 Cal)

## Beverages

**SOFT DRINKS & ICED TEA** — **2.19** (0–270 Cal)  
 20 OZ, free refills

**BOTTLED WATER** — **.99** (0 Cal)

SEE STORE FOR BEER & WINE OPTIONS

